

CALLIOPE'S GUIDE TO
WITCH MAGIC





WITCH:
A WOMAN WHO USES
MAGIC AND PSYCHIC
INTUITIVE POWERS

ALSO KNOWN AS:
BRUJA, GODDESS, PRIESTESS,
HEALER, SHAMAN,
WISE WOMAN, WILD WOMAN
ENCHANTRESS

A BRIEF HISTORY

Witches have a bad reputation and are wrongly believed to be evil and associated with demons. They are portrayed as ugly creatures of the night that make pacts with Satan.

In 1487, during the Middle Ages, a book was published called “Malleus Maleficarum” which is Latin for “Hammer of the Witches”. It depicted witches as females who went against God and were evil criminals. The book encouraged people to hunt down witches and burn them for the good of God. This book sparked so much fear in people that the witch trials started to happen. If someone was accused of being a witch, they would be put through ridiculous tests such as being tied to a stone and thrown in the river. If they survived, they were a witch and promptly killed. If they died, they were deemed not a witch. Through out the fifteenth and sixteenth century countless women, and some men, were put to death by burning, hanging, and stoning.

One of the most well known mass murders of witches is known as The Salem Witch Trials, which took place in colonial Massachusetts between February 1692 and May 1693. Twenty people were sentenced to death by hanging. Five others died while in prison, including two infant children. History looks back at this time as one of the most notorious cases of mass hysteria caused by isolationism, religious extremism, false accusations, and possible drug induced mania.





THE WITCHES CODE

The number one rule in witchcraft is:

DO NO HARM

It is always a mistake to a cast spell or send bad intentions to someone. It will not work, no matter what powers you posses, and instead will backfire and the harm will come back to you in threefold.

All spells you cast should be directed towards your self or your space. If you need to banish or block something from your life, you do a banishing spell. This tells something to stay away from you but does not bring harm to whatever it is you're casting away. Spells or rituals of revenge or out of malice are NOT okay uses of power. Curses *will* backfire!

TYPES OF WITCHES

Gardnerian Witch: traditional Pagan and uses magic to be closer to the Earth

Pow-Wow Witch: focuses on healing rituals, prayer, chanting, dancing, and songs

Strega Witch: focuses on manipulating elemental spirits of Air, Earth, Water, and Fire

Hereditary Witch: someone who was taught Old Religion/witchcraft by family members

Caledonii Witch: traditional Scottish witch that celebrates ancient Scottish rituals and festivals

Alexandrian Witch: focuses on the duality of both masculine and feminine

Eclectic Witch: specific beliefs and traditions handpicked from the individual by what resonates most

Celtic Wicca: focuses on ancient Celt Gods and Goddesses, emphasis on connection to nature, works with Fairies and gnomes

British Traditional Witch: focus is on education, mix of Celtic Wicca and Gardnerian

Kitchen Witch: focuses on practical magic rather than religion and use spells that require cooking and herbs

Ceremonial Witch: Egyptian magic and Quabbalistic tradition to do important spells and ceremonies

Druidic Witch: will only do magic in nature and worships Mother Earth

Dianic Witch: the feminists of the magic realm with heavy focus on divine Goddesses and none on male deity

Hellenic Witch: follows Greek ideals and culture

Dream Witch: focuses on dreams and de-coding their meanings

Sea Witch: makes magic from elements found near or in the ocean

Storm/Weather Witch: does rituals during storms and makes magic out of rain or snow water

Cottage Witch: focuses on home based practical magic like cooking and cleaning

Tea Witch: makes magic teas and reads tea leaves

Garden Witch: uses their garden as the focus of creating magic and harvests flowers and herbs

Fae Witch: communicates with Faeries during spells and rituals

Animal Witch: focuses on animals for rituals, spells, and guidance

Sigil Witch: most witchcraft is done through making sigils

Lunar Witch: focuses on the moon and does magic, spells and rituals based on moon phases

Space Witch: focuses on the stars and planets, studies astrology, and does rituals under the night sky

Crystal Witch: focuses on crystal magic and chakra balance

Augury Witch: helps guide people through spiritual quests and interprets omens

Solitary Witch: does their magic alone instead of with a group

Science Witch: incorporates scientific fact and theory into their magic

Green/Hedge Witch: uses herbs, plants, flowers, and other greens to create spells and potions

Astral Witch: focuses on astral travel/projection, lucid dreaming, spirit work, healing, and out of body experience

THERE IS NO WRONG WAY TO BE A WITCH.

Ultimately, it is up to YOU to decide what it means to be a witchy woman. You don't have to buy a bunch of things to justify your witch status. You don't need to use tools or be traditional or even know the traditions. You don't have to have an altar or cast spells or do rituals. You don't even need to be a woman. The 8th Principal in the Pagan Path of Beliefs states "A Witch seeks to control the forces within her/himself that make life possible in order to live wisely and will without harm to other and in harmony with Nature."

Whatever works best for you to conduct your magic and honor yourself- that is what you should focus on most! A witches INTENTION is what make spells and rituals and magic work!

For me, I was raised with tarot cards and greek mythology. I went to Sacred Goddess Circles as a child to dance and chant around bonfires. I tend to my altars and do rituals and cast spells. I pray to the moon. I meditate on flowers. I read tarot. I talk to cats. I share my wisdom with my sisters.

That is my expression of Witchy-ness.





sage: cleanses negative energy

salt: protects and purifies

palo santo: cleanses energy

crystals or crystal ball: amplifies different energies, helps with channeling, induces visions

broom: protects and purifies, keeps out unwanted guests, and clears space for rituals

pendulum: answers questions

tarot and oracle cards: gives guidance, answers questions, and is for psychic readings

candles: banishes energy, invokes energies, purifies spaces, and used in rituals

herbs: amplifies different energies, helps with channeling, induces visions, creates spells

animal familiar: protects, heals, and guides

the moon: charges crystals and lets you know the best times for certain spells and rituals

pentacle or pentagram: summons Gods & Goddesses, represents: Earth, Air, Fire, Water, Spirit

chalice: helps hold spiritual and emotional energy, represents Water element

dagger: banishes negative energies, represents Fire element

feather: clears energy or helps fan smoke, represents Air element

wand: charges and blesses objects

cauldron: a container for transformations to take place

bell: banishes spirits or signals start of a ritual

abalone shell: holds sage and incense

essential oils: for creating spells and ritual blends, anointing candles

palmistry: for psychic readings

runes: for psychic readings

astrology: for seeing cosmic energies and psychic readings

pots & pans: for brewing concoctions and used to ward off spirits when banged together

rattler: wards off bad energy

glitter: to add into spells or dust on your altar to activate magic

ancestor money: for burning during money spells

shells: amplifies different energies depending on the type, most commonly used for love and prosperity

sigils: inscribed or painted symbol that holds magic and specific intentions

the sun: charges crystals and can be used in rituals

animal furs: you can put your tarot cards or crystals on them

animal bones & teeth: for rituals and spells, used to connect to spirits

candle snuffer: keeps the energy of your ritual contained when candle is put out

coins: for prosperity and money spells

charm bag: to hold magic items with intention and to carry spells around with you

rain/ocean/lake water: for cleansing crystals and creating spells

tea: for meditations and rituals

Ouija board: do not use these!! they contact evil spirits and its hard to control!



FAMILIARS

Cats, especially black cats, have traditionally been the helpers of witches. Where there is a witch, there is a cat.

However, familiars can show up as any animal, not just cats. Other common ones include rat, snake, owl, raven, rabbit, dog, ferret, goat or bird.

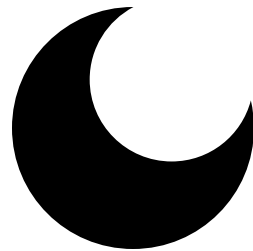
Your familiar is any animal you feel a deep and personal bond with. They are your divine servant, spy, guide, healer, messenger, and magical companion. Treat them well.

Most familiars stay with you for a long time, but some are only around for a short while.



THE NUMBER ONE TOOL OF A WITCH:

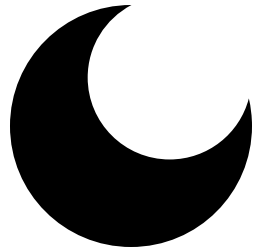
INTENTION



***THE FOLLOWING CANDLE, HERB, AND ALTAR SUGGESTIONS
ARE MADE POWERFUL BY YOUR INTENTIONS.***

***THE FOLLOWING SPELLS ARE SUGGESTIONS BASED ON
WHAT I DO PERSONALLY.***

***DO WHAT FEELS RIGHT AND NATURAL TO YOU WHEN
DOING SPELLS OR WORKING WITH MAGIC.***





ALTARS

Your altar is super personal. You can have one or multiple. They are where you display your magic items in a way that makes sense to you. You can leave your altar untouched, or updated it regularly. It can have any items you want on it, there really are no rules as long as it makes you feel connected to yourself and connected to your magical items. Some people use their altars specifically as a place to charge their crystals and magical tools. Some are for display purposes and some are made with specific intentions as a part of spell work.

CALLIOPE'S ALTAR FAVORITES

Rose petals for romance, love, passionate affection

Pearls for purity, integrity, loyalty, strong relationships

Quartz crystals for charging and magnifying the energies of my other magical items

Bunny furs and silk for placing my tarot cards on

A cauldron to hold my coins for my abundance spell

Amethyst for devotion, purity, balance, and connecting to my higher self

Crystal ball for vision quests

My box of magic, which holds important trinkets from my life to connect to myself

A photo of me as a child to connect to my inner self

A skunk totem to remember to demand respect for myself

Whiskers and fur from my cat who was my familiar for 17 years

Snake skin for transformation and to remember to shed the old layers

Crab claw to connect to the ocean

Abalone shell for holding my sage

Sand dollars for wisdom and connecting to the ocean

Potions and tinctures for protection or connecting to self

Oils from spells and rituals

Crystals that I'm drawn to and that special people have given me

Hand written affirmations to myself

Tarot and Oracle cards that I wish to summon energy from

CANDLE MAGIC

When doing candle magic, make sure you do not blow the candle out, unless you're doing the banishing spell listed later in the book. Blowing the candle out will blow your spell away. Use a candle snuffer.

Anoint your candle before doing the spell or ritual by rubbing a designated oil on to it or by sprinkling herbs or glitter over it. You can also carve sigils or symbols into the wax.

When using oil, hold the candle horizontally as you rub the oil on. Olive oil is a good basic for any spell, or you can use essential oils that match up with your intentions. For example: lavender is associated with protection, rose with love, and ginger with success.

The following page will let you know what color candles are associated with certain intentions. It will also say what certain flames mean for your spell.





white for purity and truth
black for banishing and blocking
green for prosperity, money, and health
orange for energy, vitality, attraction
yellow for joy and protection
blue for peace, tranquility, understanding
purple for psychic awareness and power
pink for love, beauty, friendship
red for lust, passion, courage
metallic gold for financial gain, abundance
metallic silver for reflection, intuition

Tall, Strong Flame - spell is empowered
Flickering, Unsteady Flame - trouble manifesting spell
Dancing, Wild Flame - spell has high energy to it
Normal Flame - spell is working
Small, Blue Flame - spell not getting through
Crackling, Popping Flame - spell will work in unexpected way



HERBS

FOR RITUALS, BURNING, OR COOKING

raspberry leaf - fertility, home, marriage

skullcap - love, peace, commitment, loyalty,
prevents nightmares, attracts money

mullein - for divination, astral travel, preventing
nightmares, communing with spirits

yarrow - divination, love

mugwort - protection, divination

lavender - sleep, protection, relaxation

wormwood - courage, strength, sexuality

rose petals - love, good luck

peppermint - cleansing, good luck, protection

elderflower - relieve heavy state of mind, remove
blocks, eases fear and stimulates joy

damiana - love, desire, astral travel, spirit quest

bay leaf - protection, grounding

basil - steadies mind, attracts money

rosemary - blesses, purifies, keeps away
nightmares, enhances memory

thyme - strength, courage, release old feelings

valerian - sleep, self acceptance

CALLIOPE'S FAVORITE SPELLS

Traditionally, people will recite poems and do step-by-step methods for spells. You can find books or google spells to find ones you'd like to try. Personally, I am a little messy with my magic and mostly focus on my intention while doing a spell. I am going to share my most common and successful spells that I do, but please don't be offended by my phrasing or the language usage. This is just what resonates most for me when I'm doing my magic work and I know it will not be for everyone. I also like to inject humor into my spells because that makes me feel powerful. Do spells the way that makes you feel most powerful and in alignment with spirit.

For summoning love: I light a red candle and put on my favorite lingerie. I slather oils all over myself. I look at the candle and say, "Send me a man. I need some loving!!" I burn rose petals and sprinkle them around my altar. Then I toss glitter all over the place and leave it like that overnight.

For maintaing love: I save and dry the flowers that my boyfriend gives me. I put the petals all over my altar. I put pearls in my two cups along with the Two of Cups tarot card. I light a white candle and pray for us to have happiness in our union and I express gratitude for finding him.

For money: I place coins and different types of money in a cauldron. I put various small crystals on top. I light a metallic gold candle and chant "Make it Rain" and then I toss glitter all over the place and on all the coins. I let that sit on my altar until I feel that it needs to freshen up again.

For banishing bad energy: I light a black candle and chant "get the fuck away from me! Fucker you are not allowed!!!" and then blow it out with force and sage myself and the room. Sometimes I will go as far as burning something that the person gave me to signify them being burnt out of my life.



CLEANSE YOUR ENERGY:

- Clean your living space -
- Get rid of items that you don't like, use, need, or have negative energy attached -
- Take a long shower or bath or dip yourself into any body of water -
- Wear protective crystals like black tourmaline or tigers eye -
- Sage yourself: trace full body with burning sage -
- Sage your space: go clockwise 3 times around the edges of the room/area with burning sage -
- Let fresh air into your living space or go outside -
- Burn palo santo wood -
- Burn a white candle -



BANISH NEGATIVE ENERGY:

Light a black candle and some sage. Stare at the candle light and say "I banish all unwanted energy. Only my energy is allowed. I banish (___) from my life." Concentrate on these words and say them until you feel powerful saying them. Lose yourself in the candles flame. Make sure the sage is still burning while you meditate on the unwanted energy getting blocked out and pushed away. Say a final phrase that helps you feel powerful, like "You are Gone." Blow the candle out with the intention that you are blowing this person or the energy out of your life. Sage the area around you to help clear out the energy. Open a window if it feels right. Sometimes if the negative energy is super stuck to you or the area, you will need to use a bell or any loud noises before and after the ritual to get it out.



HAVE A VISION

Visions come randomly, but to invite a vision in: go out into nature or find a quiet environment where you can be fully relaxed. Get in a comfortable position and close your eyes. Focus on the space that's right between your eye brows. Find silence in your mind. Hover there. No effort with your thinking mind should be involved. At some point you'll start to either "hear" "feel" or "know" a message. Don't cloud it with any judgements or try and understand it. Write down your messages and visions after. This can be done while staring into a crystal ball or at the Moon as well.

Herbs to use: *mugwort, wormwood, mullien, yarrow*

Crystals to use: *amethyst, fluorite, quartz*

Activities to do: *meditation, walking in nature, visualization, walk in moonlight, stare at crystals or crystal ball*

IDEAL TIMES FOR SPELLS/RITUALS

dawn: breaking curses or spells related to beauty, glamour, new relationships, forgiveness

morning: best time to brew potions or spells related to fertility & good luck

noon: kitchen magic or spells related to money, motivation, career, confidence, success

afternoon: gather herbs or spells related to of travel and communication

evening: kitchen magic or spells related to psychic protection, peace, balance

twilight: astral travel and divination or spells related to movement, growth, love, lust

evening: dream magic or spells related to banishment and binding

midnight: spells related to creativity or switching between realms



New Moon: new beginnings

Waxing Crescent Moon: set intentions

First Quarter Moon: take action

Waxing Gibbous Moon: refine and hone in

Full Moon: harvest endeavors

Waning Gibbous Moon: introspection

Third Quarter Moon: release and let go

Waning Crescent Moon: surrender, rest

New Moon: new beginnings, reflect

I am a Witch
With rhymes and reasons.
I am a changeling like the seasons.
My mother is the Moon,
My father is the Sun,
With Goddess Earth am I as one.

I am a Witch, a Pagan child.
Mother Nature's spirit wild
Grows within me, Flows within me,
Meandering like a spellbound stream,
Enchanting my every waking dream.

I breathe the air of liberation,
I tend the fire of transformation,
I drink the water of creation,
Earth-magick is my conjuration.

I am a Witch of shadow and light,
Of Avalon mists and ravens' flight.
I am a Witch, with pride say I,
For a Witch's soul does never die.

GERINA DUNWICH



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